



5 Ways to be the Best Sort of Water User in Cornwall!

small steps...big impacts

Wherever we go and whatever we do, we have an impact. Make positive choices, and you can help us care for Cornwall and make that impact a positive one.

Have a fantastic trip!

CoaST is working with everyone to keep the South West special.

www.coastproject.co.uk
www.thegreenblue.org.uk
www.visitcornwall.com

Created by Leap - design for change. www.leapmedia.co.uk

3

Go Local

Buy local - and you'll see what Cornwall can offer, and benefit the communities of Cornwall. Visit farmers' markets, farm shops, village stores, pubs and cafes... The local food and drink is simply fantastic... Try our delicious seafood - our fish and shellfish are internationally renowned. Remember to look out for those places selling seafood from sustainable sources.

www.foodfromcornwall.co.uk

4

Untroubled Waters

Cornwall is home to a host of very special habitats and wildlife. Help us to protect them, by not allowing anything to enter the water that shouldn't be there. By being careful with oil and toilet waste, use paints and cleaning products that have a lower environmental impact and never allowing rubbish to go overboard, you will help us to keep our waters beautiful and a safe place for our wildlife and humans to be in, on and enjoy. Now sit back and watch our fantastic marine wildlife, keeping a safe distance and take in the beauty.

www.mcsuk.org

1

Reduce, Reuse, Recycle

In Cornwall we recycle! You can help us by refusing packaging and bags you don't need. Where possible use port and marina recycling banks provided for boat users, and the official disposal facilities for oil, toilet waste and batteries - even better use rechargeable batteries if you can. We also have regular recycling banks in most main car parks and supermarkets across Cornwall.

www.recyclenow.com

5

Plain Sailing

If you've got a hull keep it clean - you'll reduce your fuel consumption and CO2 emissions too. Try out non toxic solutions and elbow grease to do this if you can, and you'll be burning calories rather than CO2. In Cornwall we have plenty of wind and sun, so whilst on board try to use low energy electrics, and harness the elements to power solar and wind equipment if you have them. You'll reduce emissions, and you'll save money.

www.sailingnetworks.com/green

2

Land Ahoy!

If you want to explore the land, Cornwall offers amazing walking, cycling, and riding - great ways to see the area without adding to traffic. Use public transport, if you need to travel to your start point, or try exploring near to where you are moored - there are some fantastic places to see right on shore...just ask!

www.cornwallpublictransport.info

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www.coastproject.co.uk
info@coastproject.co.uk
Tel: 01872 562 057